

Tapping into Community Needs

October 14, 2026 10am-11:30 am PT

Host

Amanda Kakuska

Guest Speakers

Chris Markham, Carrington Casaus, Daryl Jones III

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- HNY & WRN Contact Us Email: native@npaihb.org
- TECs: <https://tribalepicenters.org/12-tecs/>

Chat links:

Wellbriety Link: <https://wellbrietymovement.com/meditations/>

Healthy Native Youth Implementation Toolbox:

<https://healthynativeyouth.npaihb.org/implementation-toolbox/>

Community Needs Assessment: <https://healthynativeyouth.npaihb.org/implementation-toolbox/gather/identify-community-needs-and-resources/>

Community Mapping: <https://healthynativeyouth.npaihb.org/implementation-toolbox/choose/get-support-identify-decision-makers/>

Bingo Data Collection Activity: <https://healthynativeyouth.npaihb.org/wp-content/uploads/2021/10/Gather-Step-4-Bingo-Data-Collection-Activity.pdf>

Desk Yoga – Image Source: <https://myyogateacher.com/articles/desk-stretches>

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<https://www.surveymonkey.com/r/HNYFeedbackSurvey>