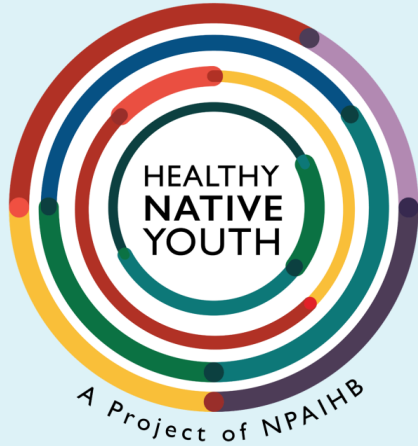


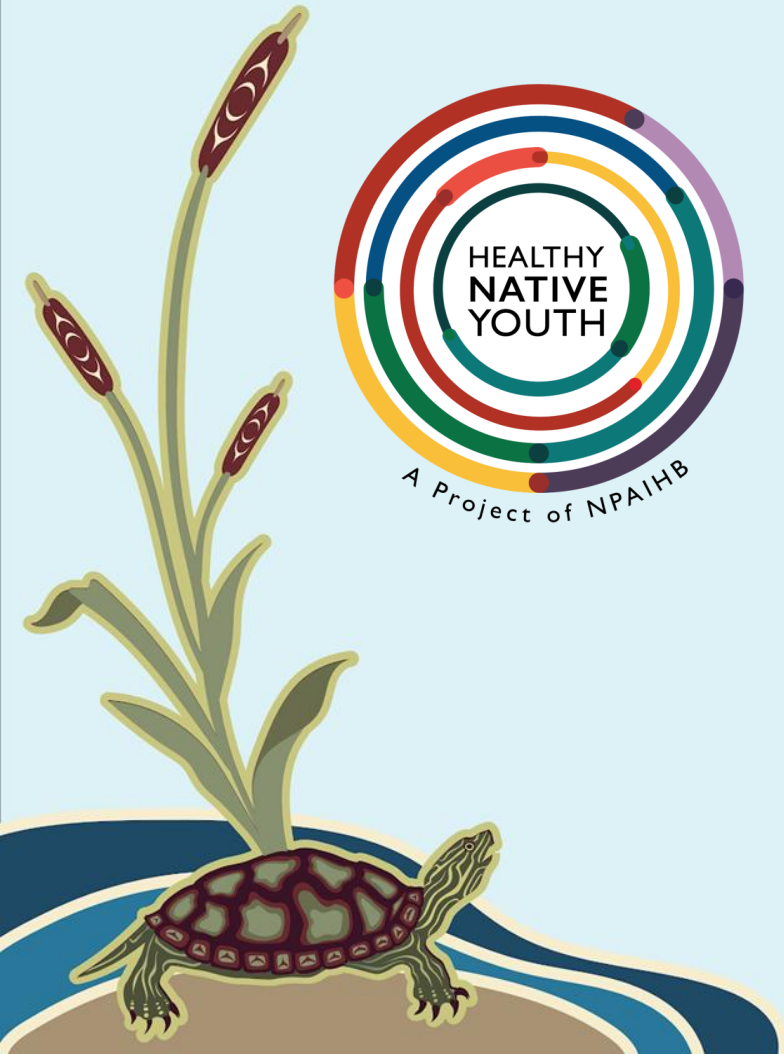
September 9, 2026 | 10:00-11:30 am PST



Community Mapping: Identify Stakeholders & Advocates

Land Acknowledgement

NPAIHB serves the 43 federally-recognized tribes of Oregon, Washington and Idaho and our office is located within the traditional and ancestral homelands of the Multnomah, Kathlamet, Clackamas, Tumwater, Watlala bands of the Chinook, the Tualatin, Kalapuya and many other indigenous nations of the Willamette and Columbia River regions.





Community of Practice... 9 Seasons of Gold

Popular Shows with Nine Seasons



Seinfeld: Ran from 1989 to 1998 with 180 episodes.



How I Met Your Mother: Ran from 2005 to 2014 across 9 seasons.



The Office (US): Ran from 2005 to 2013 across 9 seasons.



Suits: Ran from 2011 to 2019 across 9 seasons.



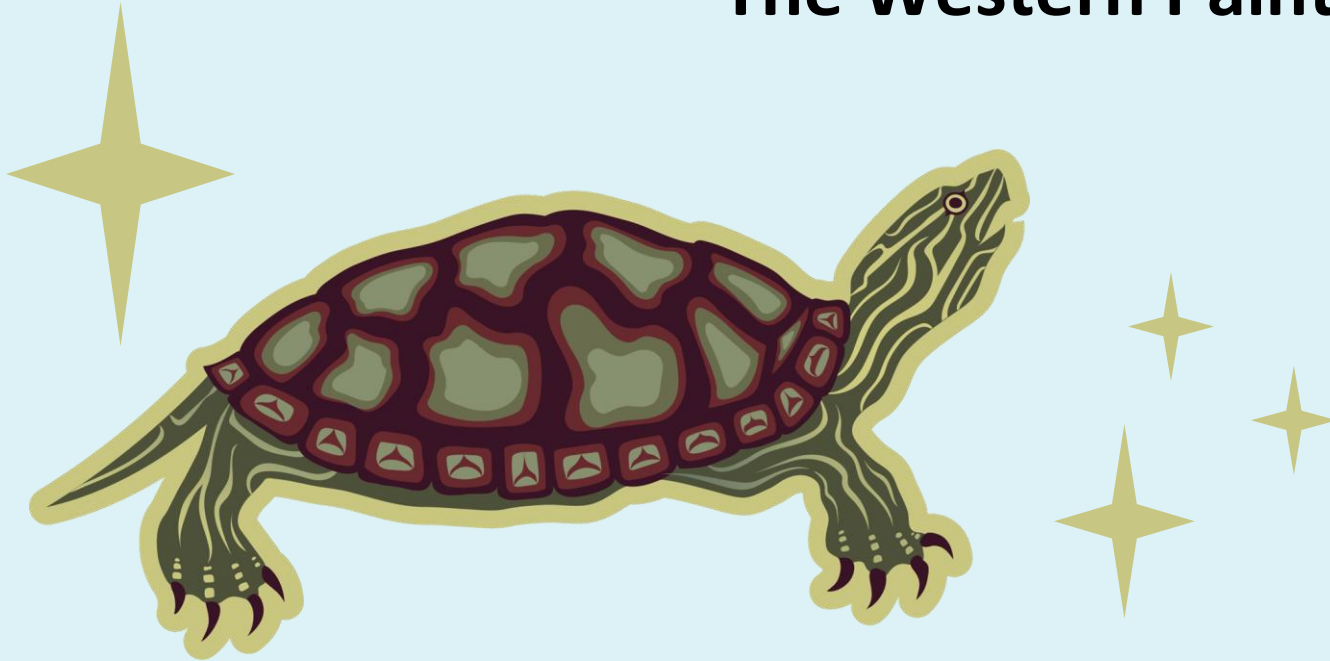
24: Included 9 total seasons counting the event series *Live Another Day*.

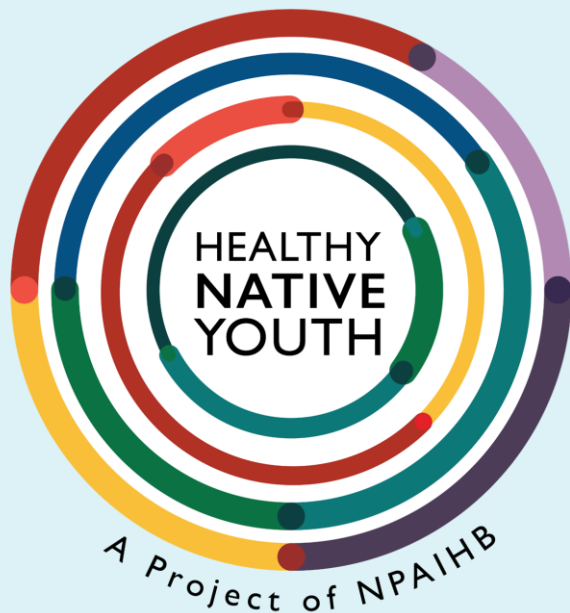


Scrubs: Aired a controversial 9th season after a definitive series finale in season 8.

**Meet our Community of Practice
Season 9 mascot...**

The Western Painted Turtle

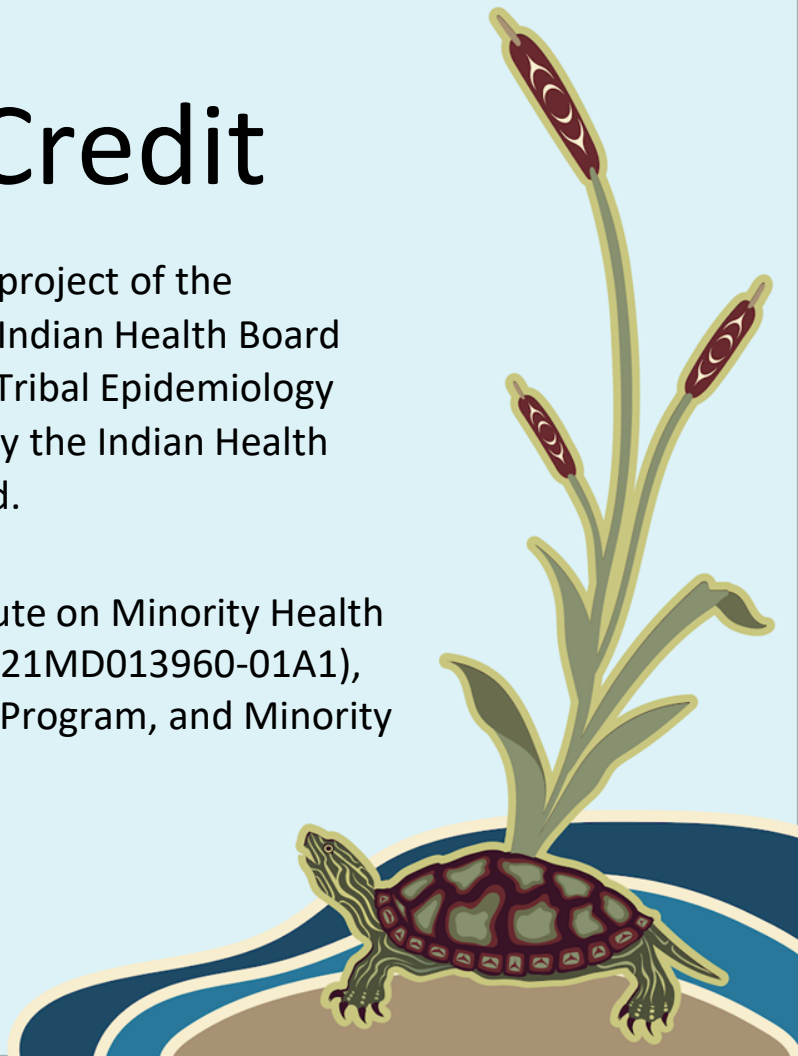




Funding Credit

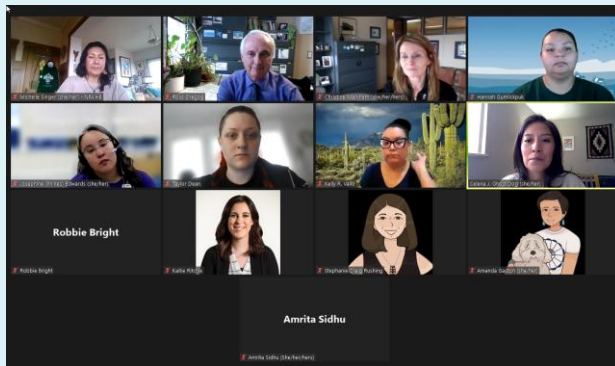
Healthy Native Youth is a project of the Northwest Portland Area Indian Health Board (NPAIHB) and Northwest Tribal Epidemiology Center (NWTEC) funded by the Indian Health Service ETHIC II grant fund.

Funded by National Institute on Minority Health and Health Disparities (1R21MD013960-01A1), Indian Health Service HIV Program, and Minority AIDS Initiative Fund



Our HNY Partners

In collaboration with our Project Red Talon Regional Partner Network:



Grounded in Gratitude

“Education is the new
weapon of Indian people.”
--Eddie Box, Southern Ute

<https://wellbrietymovement.com/meditations/>



Hello! Yá'át'ééh! haʔt sləx̣il!



Ross Shegog, PhD

*Scottish Highlands, Irish Huguenots
(he/him)*

I love being creative for the social good!!

Ross.Shegog@uth.tmc.edu



Michelle Singer

*Navajo
(she/her)*

I love sports and music!

msinger@npaih.org



Taylor Dean

*Puyallup Tribe
(they/them)*

I love art!

tdean@npaih.org

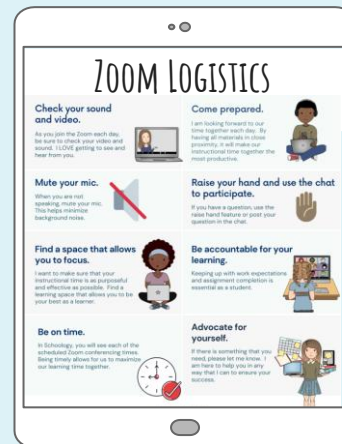




Welcome!

Please introduce yourself in the chat box. Include your:

- ★ Name, Pronouns
- ★ Tribe(s)/ Organization
- ★ What's Good?





Today's Agenda

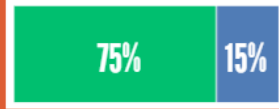
- 10:00-10:10 Welcome & Icebreaker
- 10:10-10:35 Toolbox Overview
- 10:35 Wellness Moment
- 10:35-10:45 Community Mapping Tools & Group Activity
- 10:45-11:00 Stories from the Field
- 11:00-11:25
- 11:25-11:30



CoP Feedback Survey 2025-26



How likely to use HNY tools?



- Very Likely
- Somewhat Likely
- Not Very Likely

9.5

Rate the Quality
SCORE 9.5 out of 10



Rate Cultural-Relevance
SCORE 9.5 out of 10

9.5

8.2

Rate how materials were
received
SCORE 8.2 out of 10



Impacts of Materials & Resources

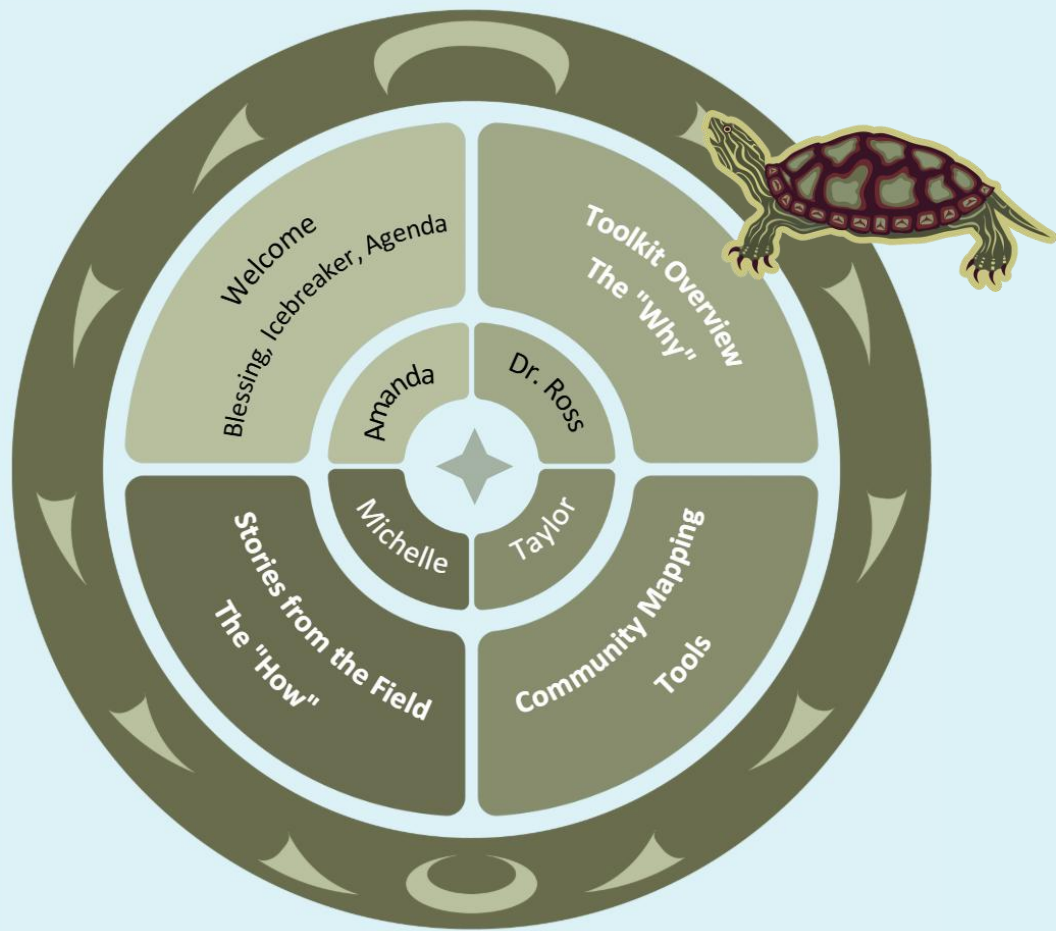
Top 3 Responses:

- 64.7% provided me with relatable tips and examples
- 52.94% provided me with easy-to-use templates
- 47.06% increased access to culturally-relevant materials

What's important to
include on these
calls?

Thank you for
your input!



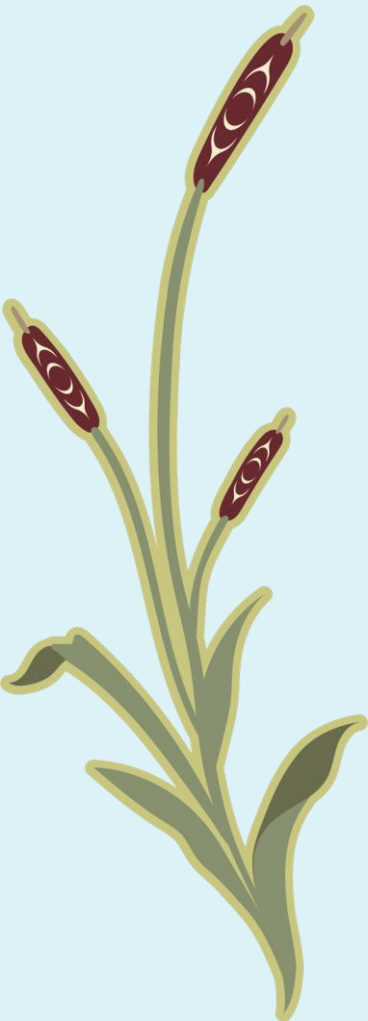


The Story

Healthy Native Youth Implementation

Toolbox

...with Dr. Ross Shegog, UTH



The Healthy Native Youth Implementation Toolbox:

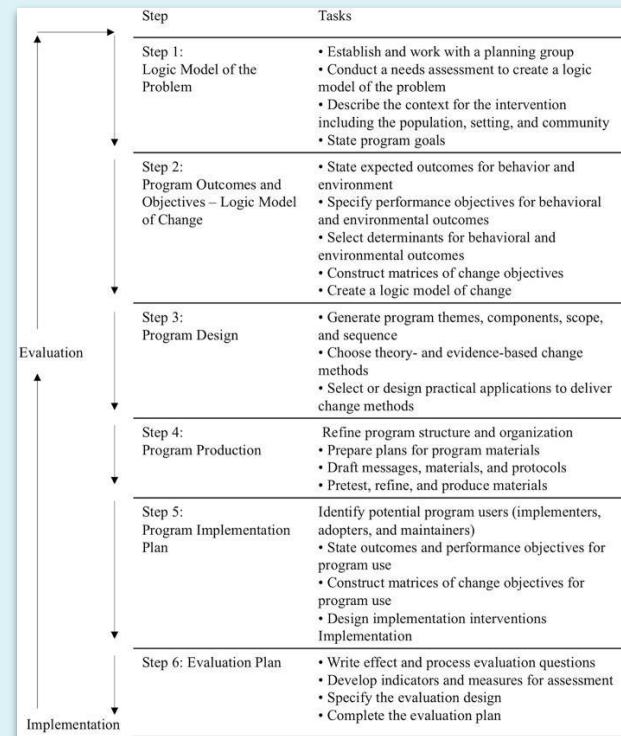
Online decision support to adopt and
implement evidence-based sexual health
programs in American Indian / Alaska
Native communities.



Implementation Mapping

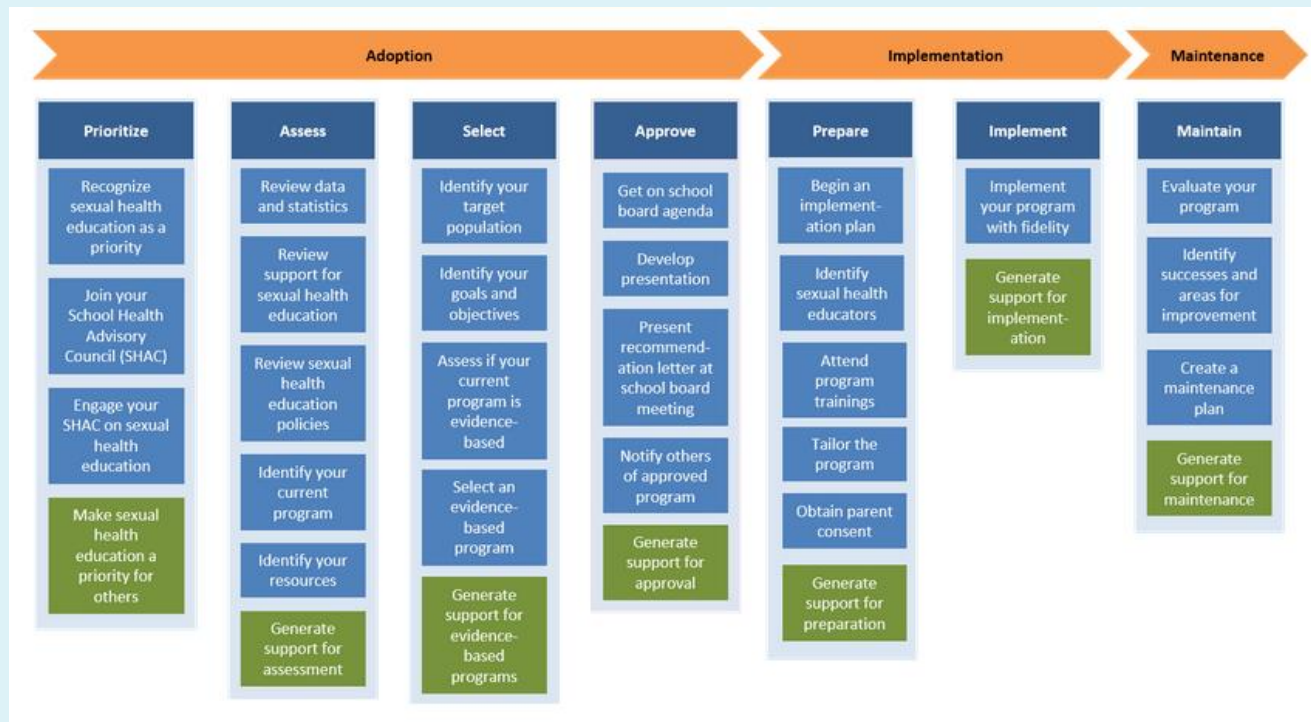
Systematic approach to develop implementation strategies to increase adoption and implementation of evidence-based programs, practices, or policies

Iterative design process with feedback from Native practitioners and academicians



Fernandez ME, Ruiter RAC, Markham CM, Kok G Intervention Mapping: Theory- and Evidence-Based Health Promotion Program Planning: Perspective and Example. Front Public Health, 2019, Aug 14;7:209
<https://www.frontiersin.org/journals/public-health/articles/10.3389/fpubh.2017.00203/full>

CHAMPSS Model



Feedback from Native Practitioners

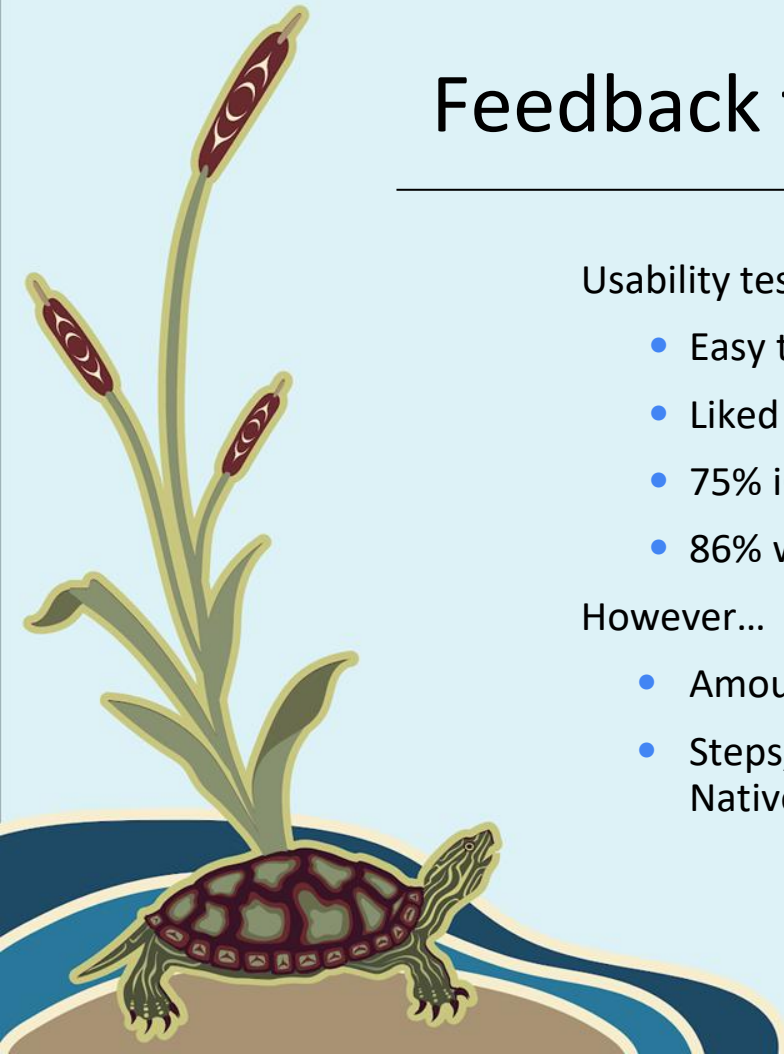
Usability testing with Native practitioners (n=36)

- Easy to use, well-organized
- Liked the step by step process with specific tools
- 75% iCHAMPSS as more helpful than current resources
- 86% would recommend it to someone else

However...

- Amount of information was overwhelming
- Steps, tools & appearance need to be adapted to reflect Native communities

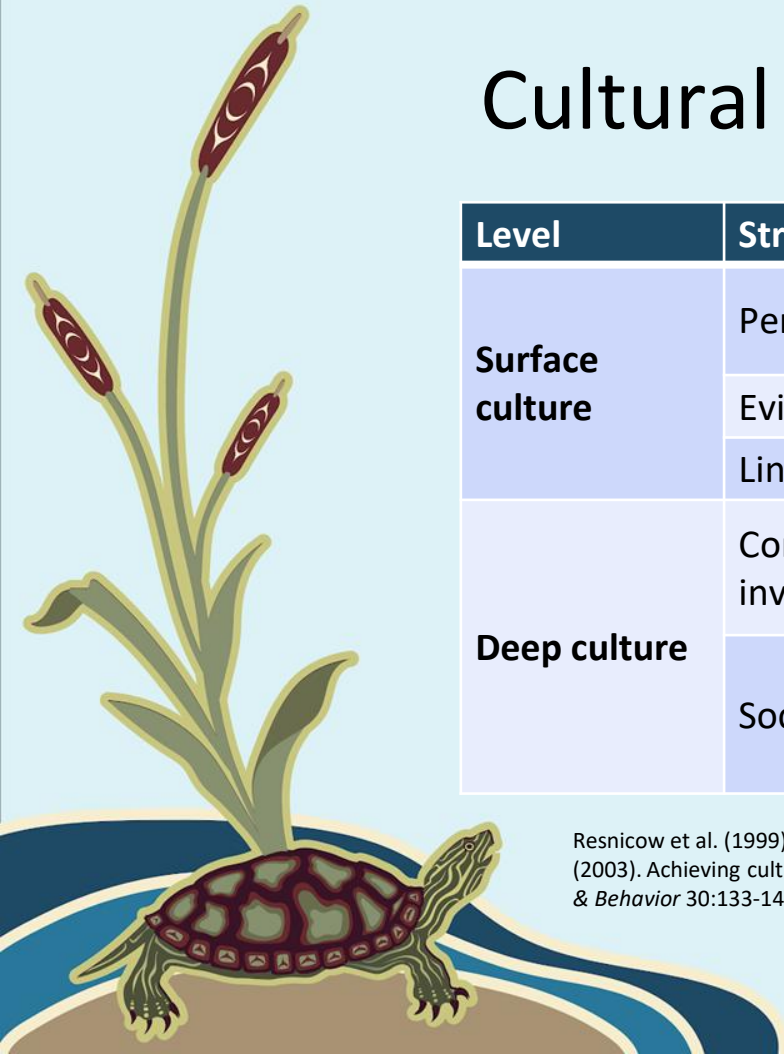
Markham, C.M., Torres, J., Craig Rushing, S., Gorman, G., Jessen, C., Gaston, A., Williamson, J., Addy, R.C., Emery, S.T., Hernandez, B.F., Peskin, M.F., Shegog, R. (2018) Usability and psychosocial impact of decision support to increase sexual health education in American Indian and Alaska Native communities. *Journal of Health Disparities Research and Practice*. 11(1),pp.85-103



Cultural acceptability

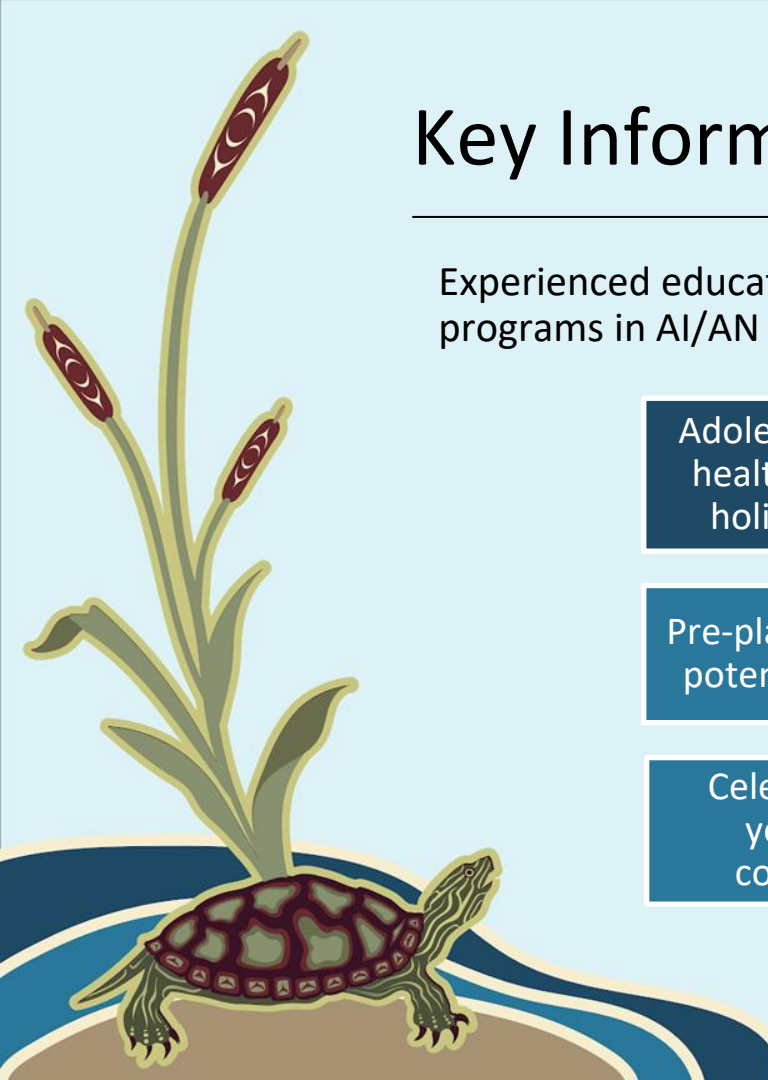
Level	Strategy	Examples
Surface culture	Peripheral	Clothing, music, colors, images, fonts, pictures of group members, places
	Evidential	Epidemiological data
	Linguistic	Language(s), terms, literacy level
Deep culture	Constituent-involving	Indigenous staff and lay health workers, indigenous peers and elders
	Sociocultural	Cultural values and beliefs; social, historical, environmental and psychological forces that influence target health behavior

Resnicow et al. (1999). Cultural sensitivity in public health: Defined and demystified. *Ethnicity & Disease*, 9:10-21. Kreuter et al. (2003). Achieving cultural appropriateness in health promotion programs: Targeted and tailored approaches. *Health Education & Behavior* 30:133-146.



Key Informant Interviews (n=15)

Experienced educators identified factors specific to the D&I of sexual health programs in AI/AN communities.



Adolescent sexual health as part of holistic health

Select a culturally-relevant program

Include local cultural traditions

Pre-plan to address potential barriers

Be flexible in delivery

Provide technical assistance

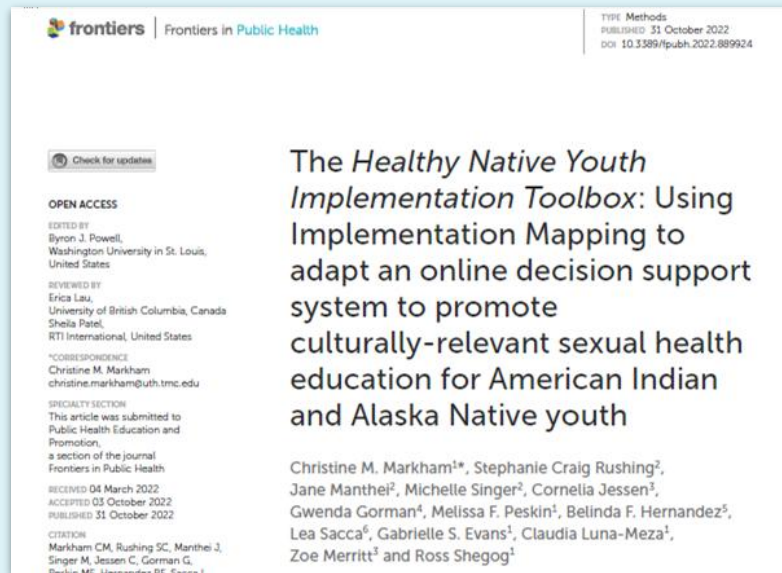
Celebrate with youth and community

Generate tribal and community support

Include youth throughout the planning process

Sacca, L., Craig Rushing, S., Jessen, C., Singer, M., Thomas, J., Shegog, R., Hernandez, B., Peskin, M., Markham, C. (2022) The impact of COVID-19 on the delivery of sexual health education programs in Native American communities: A qualitative study. JMIR, Apr 2022.

Adaptation Journey



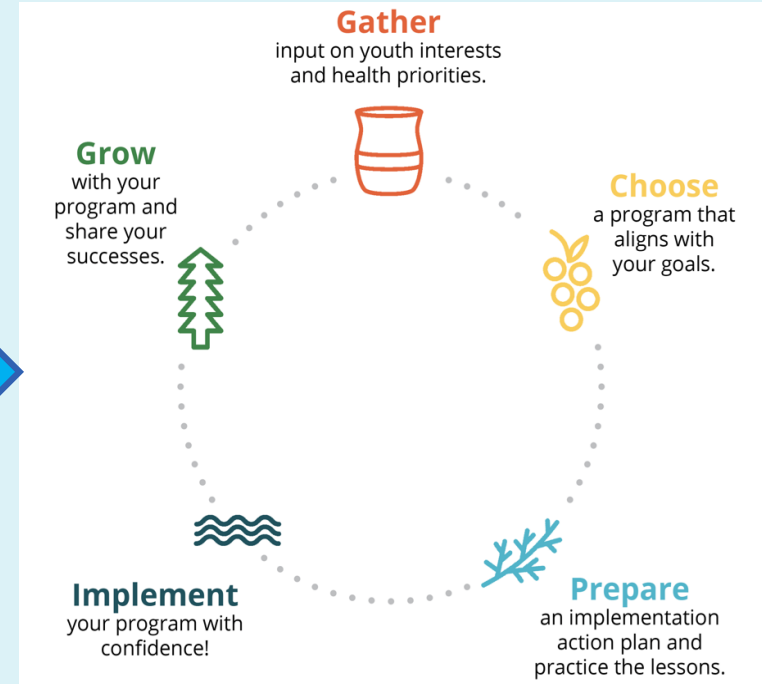
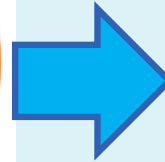
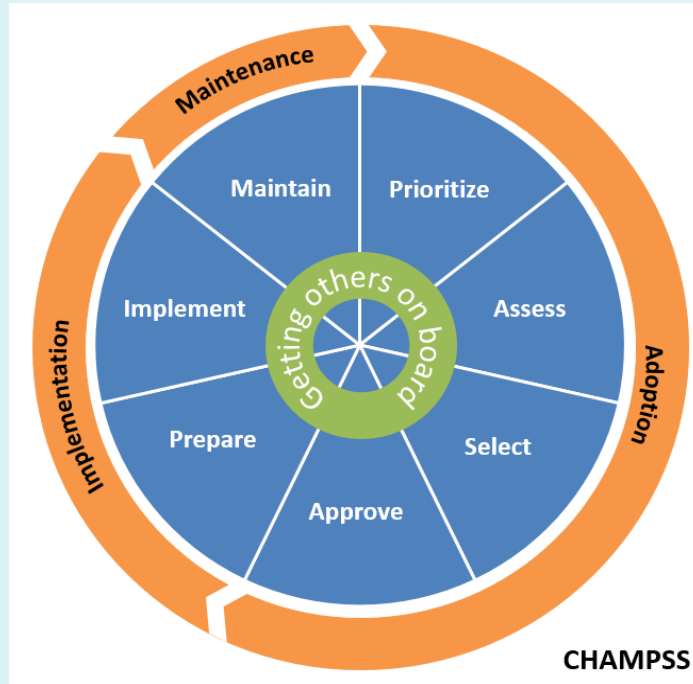
Markham CM, Rushing SC, Manthei J, Singer MS, Jessen C, Gorman G, Peskin MF, Hernandez BF, Sacca L, Evans GS, Luna-Meza C, Merritt Z, **Shegog R.** (2022) The Healthy Native Youth Implementation Toolbox: Using Implementation Mapping to Adapt an Online Decision Support System to Promote Culturally-Relevant Sexual Health Education for Native Youth. Frontiers in Public Health. 10:889924. <https://www.frontiersin.org/journals/public-health/articles/10.3389/fpubh.2022.889924/full>



Basket, berry, cedar, water, tree, uluaq for
program adoption?



Adapting the Conceptual Model



Indigi Icons Revisited



Gather | Basket

Baskets have been created for multipurpose use. The basket symbolizes community coming together to gather feedback and stakeholder support.



Implement | Water

Water is life and a river is a power source. The water symbolizes program implementation with movement, positive flow and energy.



Choose | Berries

Traditionally, communities came together to seasonally harvest berries. Berries symbolizes choosing a culturally-relevant curriculum as a source of nourishment.



Grow | Tree

A tree is as strong as its roots. The tree symbolizes wisdom, cultural connection and community growth.



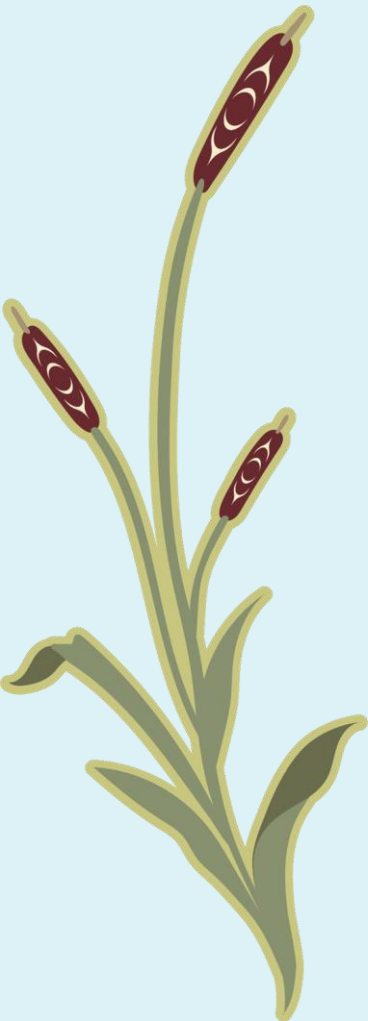
Prepare | Cedar

A cedar tree is a multipurpose wisdom keeper. The branch symbolizes medicine to prepare and plan for program delivery in the community.



Tool | Knife

The Uluq is an Alaska Native all-purpose tool is used to prepare food. The knife symbolizes the tool to get ready for implementation.



Model rollout



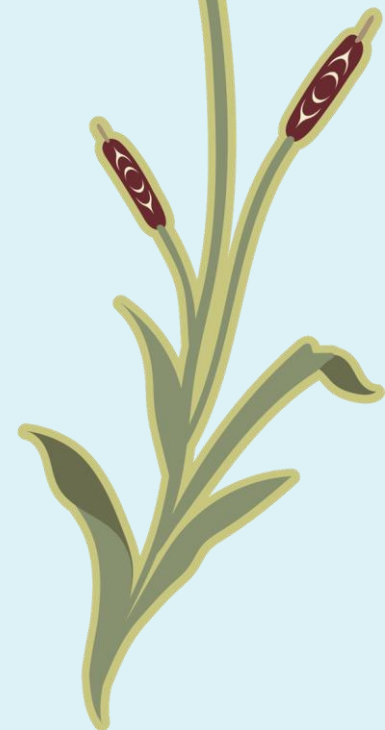
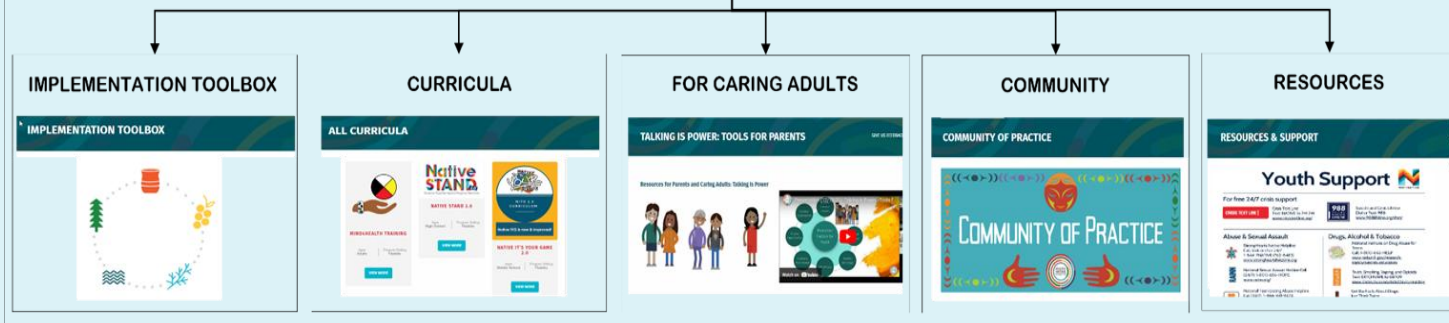
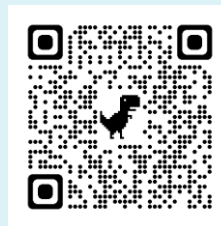
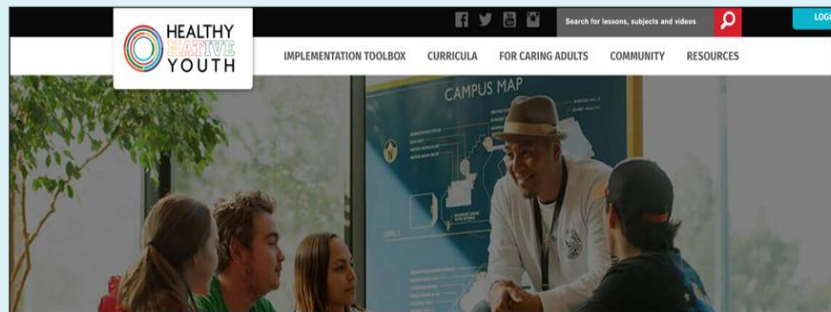
 Healthy Native Youth Implementation Toolbox: Phases and Steps				
 Gather	 Choose	 Prepare	 Implement	 Grow
Gather input on youth interests and health priorities - Identify your community's needs and resources - Select your program setting	Choose which criteria are most critical to your program - Select a program that aligns with your goals - Get approval if needed	Prepare an implementation action plan that includes self-care - Order supplies, teaching tools, and incentives - Practice going through the curriculum & activities	Implement your program with confidence! - Track your implementation journey - Assess student learning and experiences	Grow with your program - Share successes and lessons learned - Keep the momentum going
GET SUPPORT: Connect with community members for guidance and feedback	GET SUPPORT: Identify decision-makers	GET SUPPORT: Invite guest speakers and attend Community of Practice sessions	GET SUPPORT: Explore technical assistance and resource supports	GET SUPPORT: Collaborate with other youth programs
YOUTH VOICE: Gather input from youth and program participants	YOUTH VOICE: Seek input from youth and community	YOUTH VOICE: Recruit caregivers, youth and allies	YOUTH VOICE: Celebrate the youth	YOUTH VOICE: Stay connected beyond programming

Developed Tool Types

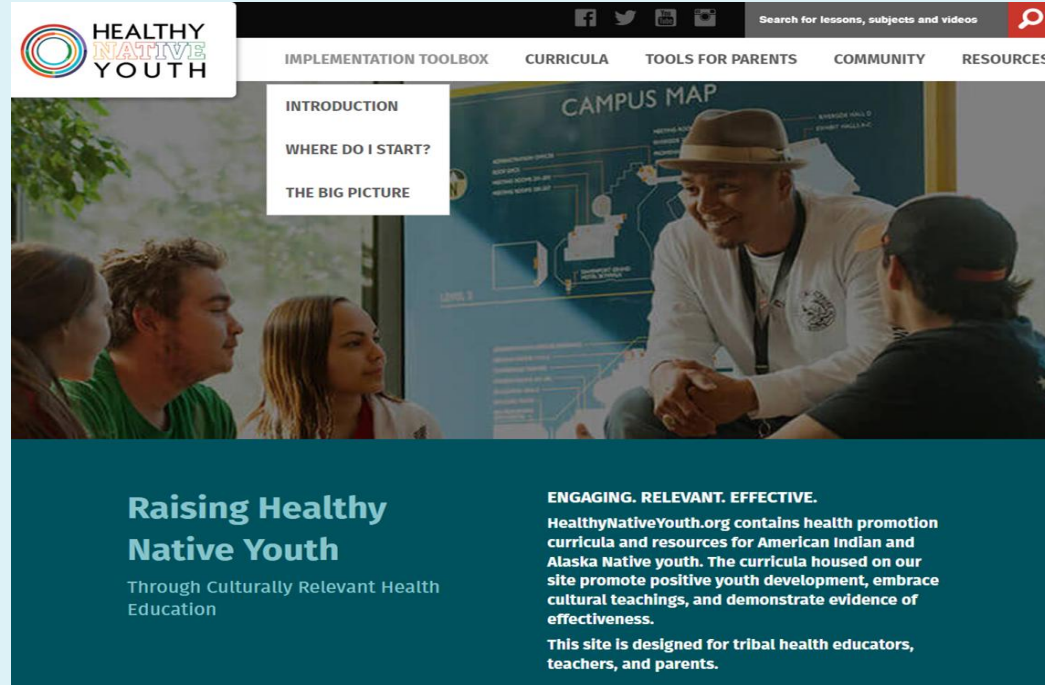
Tool Type	Methods	Description
Phase Overviews	Persuasion	Supportive, friendly introduction to each phase
Templates	Active learning	Ready-to-use, adaptable documents
Examples	Facilitation	Culturally-relevant, easy-to-replicate examples of print deliverables
Helpful Links	Facilitation	Easy-to-navigate links to resources
Stories from the Field	Modeling	Video testimonials from experienced practitioners
HNY Curriculum Portal	Facilitation	Online culturally-relevant, evidence-based, age-appropriate health curricula
HNY Community of Practice Recordings	Modeling	Online sessions provide resources and opportunities to engage with Native professionals in adolescent health
Request Technical Assistance	Technical assistance	Online form to request technical assistance



HNY Website Components



HNY Website Home Page & Menus

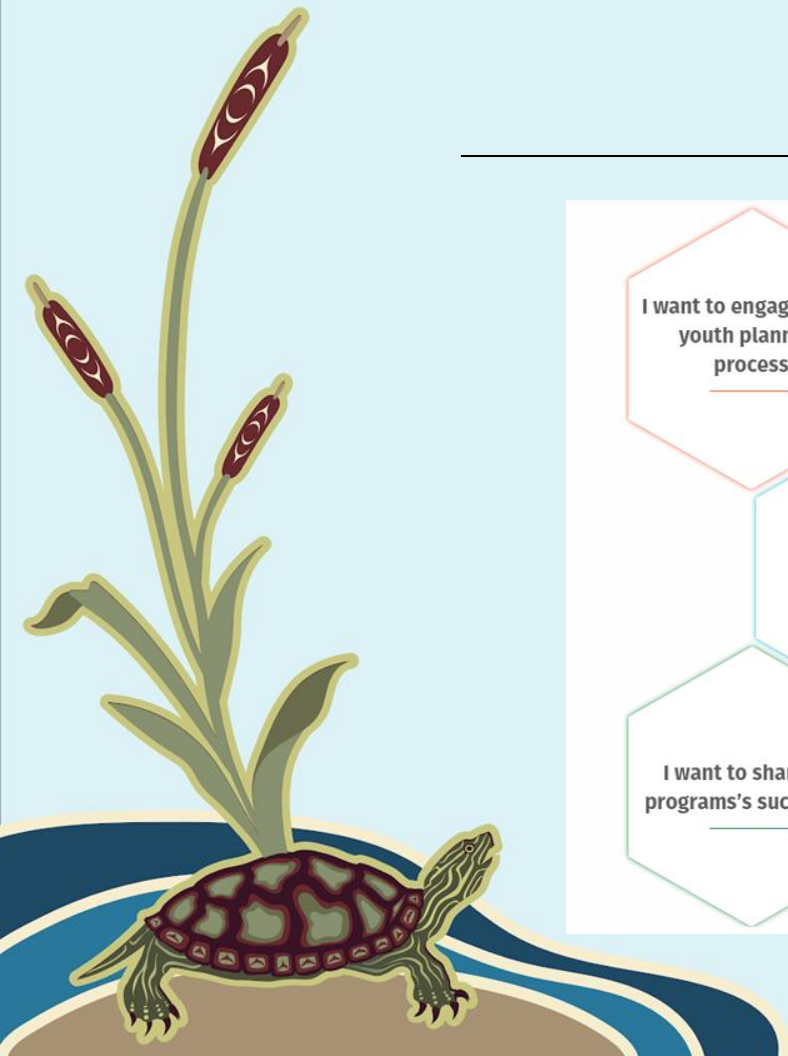


<https://www.healthynativeyouth.org/>



<https://www.healthynativeyouth.org/>

Where Do I Start?



The Big Picture



Gather



Choose



Prepare



Implement



Grow

Where do I start?

The Big Picture Expanded



The Big Picture

Where do I start?



Gather

Get support: Connect with community members for guidance and feedback. [Learn more](#) 

Gather input on youth interests and health priorities. [Learn more](#)

Identify your community needs and resources. [Learn more](#) 

Select your program setting. [Learn more](#) 

Youth voice: Gather input from youth and program participants. [Learn more](#) 



Choose



Prepare

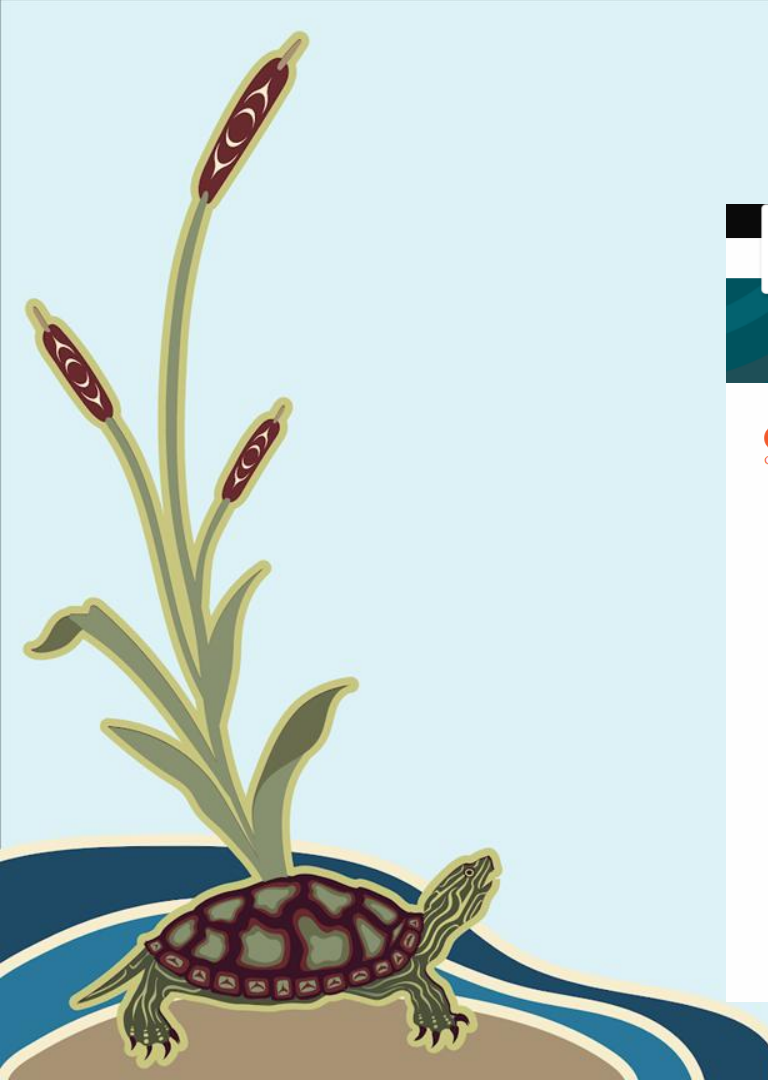


Implement



Grow

Phase Overview





[f](#)
[t](#)
[v](#)
[i](#)

[IMPLEMENTATION TOOLBOX](#)
[CURRICULA](#)
[TOOLS FOR PARENTS](#)
[COMMUNITY](#)
[RESOURCES](#)

IMPLEMENTATION TOOLBOX

[GIVE US FEEDBACK](#)



Gather


Choose


Prepare


Implement


Grow





Grow

OVERVIEW: Sustain and grow your program

Goal: Reflect on what works, what can change, and what you are learning as you go on this journey. Use this knowledge to grow and to keep the momentum going.

Congratulations! You have implemented your program and you have learned quite a bit on the journey. You are now in the GROW phase. Take some time to think about how you will grow with the program and how you want to keep the momentum going. Reach out and collaborate with other youth programs. Document your experiences and plan to build upon them in the next round of implementation. Share the lessons you learned with your youth and your community. Celebrate the wins! Above all, keep cultivating relationships and find ways to stay connected beyond programming.

Grow Phase Steps

Get support: Collaborate with other youth programs

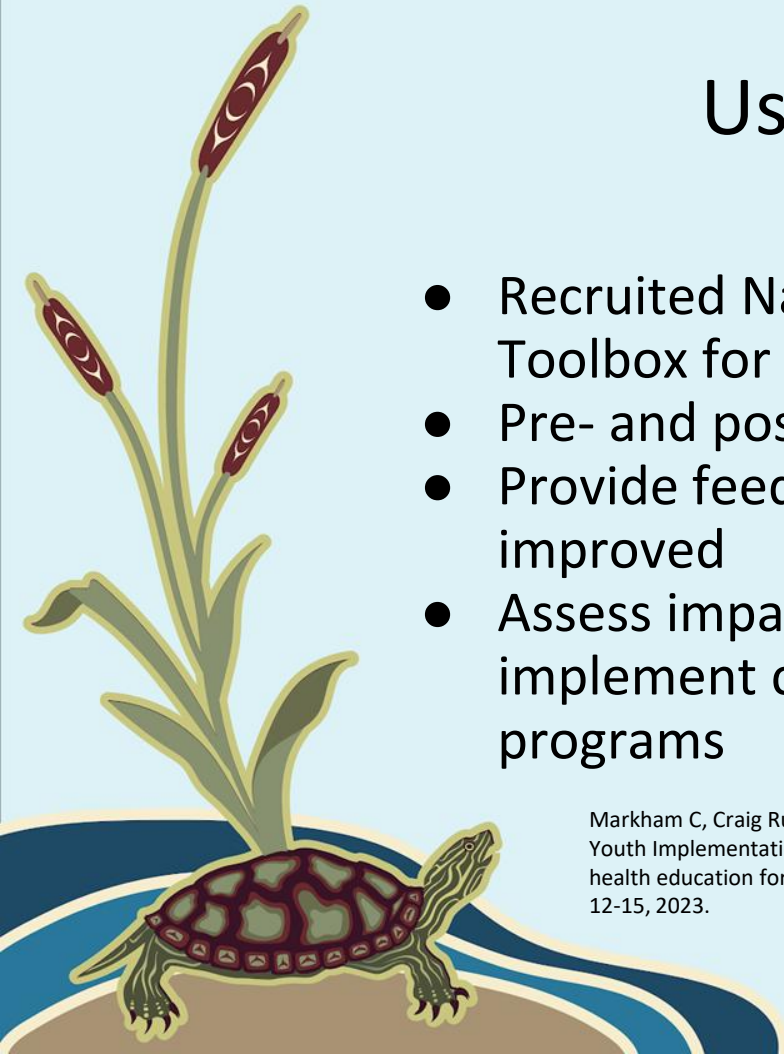
1. Grow with your program
2. Share successes and lessons learned
3. Keep the momentum going

Youth voice: Stay connected beyond programming

User Experience Study

- Recruited Native youth educators and advocates to use Toolbox for six months (n = 25)
- Pre- and post-intervention surveys
- Provide feedback on what works well and what can be improved
- Assess impact on psychosocial determinants to implement culturally-relevant sexual health education programs

Markham C, Craig Rushing S, Singer M, Jessen C, Gorman, G, Addy, R, Hernandez B, Peskin, M, Sidhu, A, Shegog R. Healthy Native Youth Implementation Toolbox: User experience with an online decision support system to promote culturally-relevant sexual health education for American Indian/Alaska Native youth. American Public Health Association Annual Meeting. Atlanta, GA. Nov 12-15, 2023.



User Acceptability Study



Participant Characteristics (n=25)

Demographics	%	Tribal Affiliation
Female	64	• Alutiiq • Cherokee • Cheyenne and Arapaho • Hoopa • Hopi • Klamath, Modoc • Lac Du Flambeau Ojibwe • Navajo • Paiute • Pomo • Tlingit • Turtle Mountain Band of Chippewa • Yakama
American Indian/Alaska Native	92	
Geographic Location		
Northern Plains (WI)	4	
Southeast (CO,NM,OK)	20	
Southwest (AZ, NV)	20	
Western (AK, CA, OR, WA)	56	
Primary Role*		
Health educator	56	
School personnel	32	
Health department/clinic personnel	20	
Other	48	
Years in sexual health education		
> 1 year	24	
1-4 years	24	
5+ years	52	

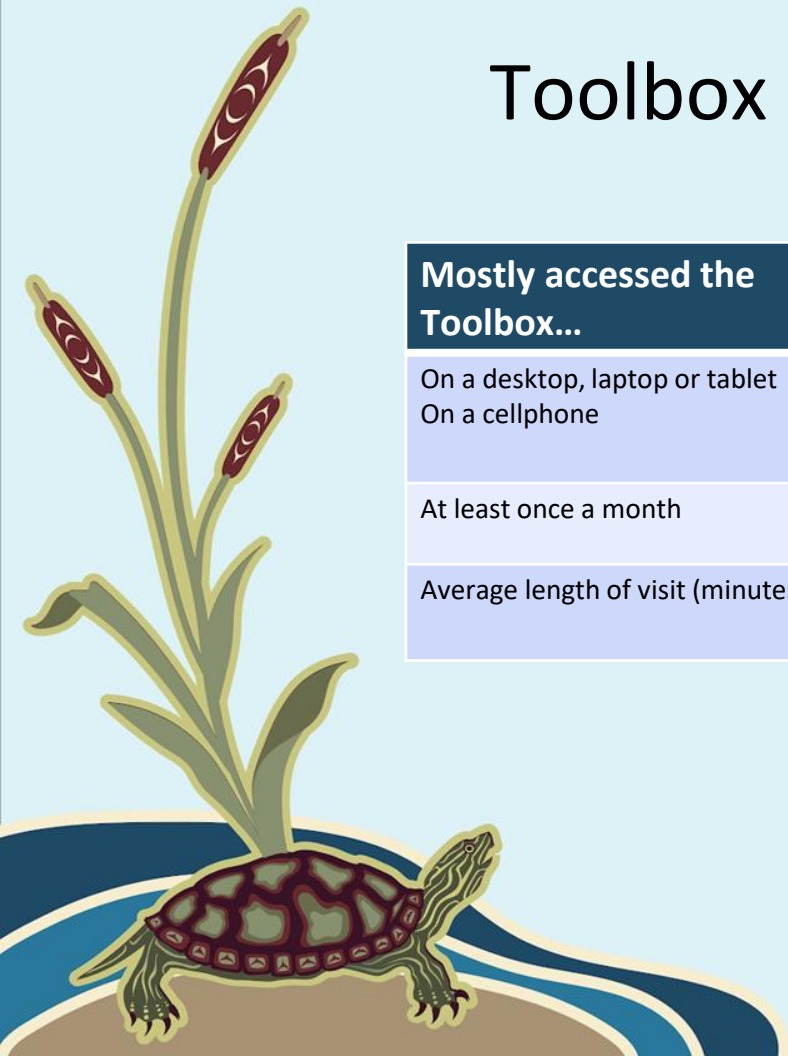
* Could choose more than one role



Toolbox Use

Mostly accessed the Toolbox...	%
On a desktop, laptop or tablet	91
On a cellphone	9
At least once a month	59
Average length of visit (minutes)	55 mins

Most Frequently Used / Downloaded Tools		%
 Implement	Energizers and wellness moments	64
 Gather	Identify youth advocates and community partners	59
 Grow	Team building activities	59
 Gather	Community needs and resources assessment	55
 Implement	Icebreakers	55



Toolbox Ratings



Usability Construct	Information I got from the HNY Implementation Toolbox was....	%
Credibility	• Accurate • Trustworthy	95 95
Helpfulness	• More helpful than current resources • As useful as current resources	48 52
Perceived impact	• Will help my school/community/organization: - ADOPT - IMPLEMENT - MAINTAIN culturally relevant adolescent health promotion programs	90 95 95
Motivational appeal	Other schools/communities/organizations will use the HNY Implementation Toolbox, if given the opportunity	100
Ease of use ('Very easy' or 'Kind of easy')	Use of HNY Implementation Toolbox website overall	91
	Use of specific Toolbox features	77-91

Toolbox Impact



Construct	As a result of using the HNY Implementation Toolbox...	%
Knowledge	• My knowledge of where to find a culturally relevant programs has increased	70
Self-confidence	• My confidence to: - ADOPT - IMPLEMENT - MAINTAIN ... a culturally relevant sexual health promotion program has increased	75 65 45
Advocacy skills	• I have built networks and relationships with other individuals who are implementing culturally relevant sexual health programs	60
	• I am prepared to advocate for culturally relevant sexual health programs in my school/community/organization	85
	• I am a more credible resource to my colleagues and the larger school/community/organization regarding sexual health education	75



Participant's Feedback on the Toolbox



I'm short on time, and
this helped me
prepare effective
material to share with
youth in a way that they
could connect
with it

It's so easy
and engaging

As long as they know
the resource exists.
Hearing about
it can be the hardest
part

To be honest,
it was a bit
confusing

The toolbox is useful
and pertinent for our
youth, program and
community in
many ways

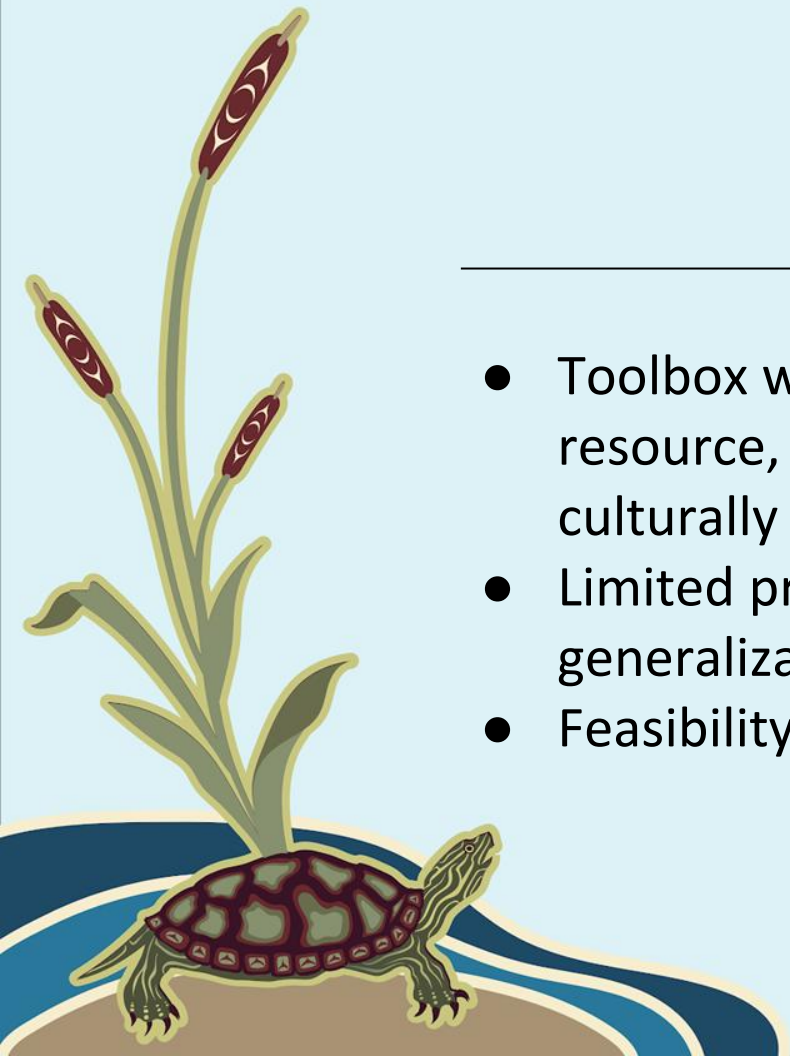
It promotes
culturally relevant
and equitable
opportunities for
growth

It may be
overwhelming to use if
they don't
have some guidance

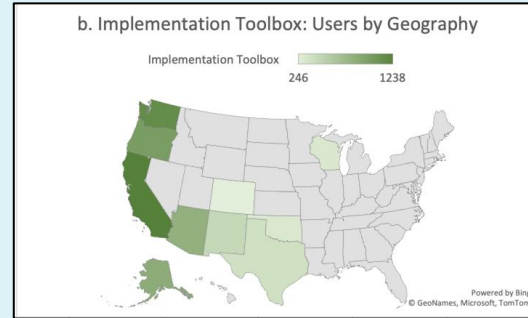
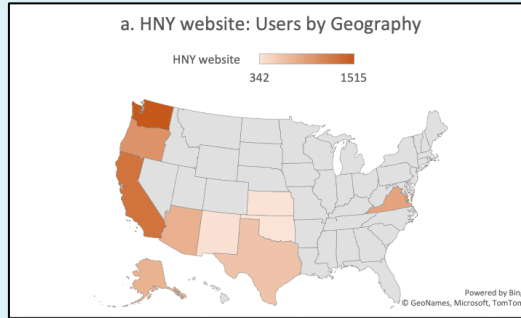


Limitations

- Toolbox was adapted from an existing online resource, not developed using ethnographic and culturally grounded approaches
- Limited practitioner sample means that generalizability of the model & tools is unknown
- Feasibility and efficacy to be determined



Toolbox reach*



State of origin	User (n)
Washington	1515
California	1290
Oregon	1019
Virginia	884
Arizona	779
Alaska	764
Texas	617
New Mexico	366
Kansas	362
Oklahoma	342

State of origin	User (n)
California	1238
Washington	1142
Oregon	986
Alaska	847
Arizona	815
New Mexico	456
Texas	382
Oklahoma	307
Wisconsin	307
Colorado	246

*Geographic distribution of HNY Website and HNY Implementation Toolbox users from January 1, 2022, to January 1, 2024



Top 10 downloaded tools¹

#	Impl. Phase	Tool Type	Tool Name	Down-loads (n)
1	Gather	Factsheet 	Community needs and resource assessment	136
2	Gather	Factsheet 	Identify youth advocates and community partners	111
3	Gather	Activity sheet 	Bingo Data collection activity	83
4	Prepare	Template 	Curriculum Implementation Plan template	76
5	Gather	Checklist 	Site selection	72
6	Implement	Log 	Session reflection log (confirm name)	44
7	Prepare	Inventory list 	Example list of materials to order for Native STAND	40
8	Implement	Log 	Class attendance sheet	30
9	Choose	Factsheet 	Identify youth advocates and community partners	29
10	Gather	Factsheet 	AK Adolescent health action plan	28

¹ Google Analytic data from January 2022 to January 2024



Community

Youth Support

In crisis? Connect 24/7...
CRISIS TEXT LINE | Crisis Text Line
 Text: NATIVE to 741 741
 WhatsApp: www.crisistextline.org/
988 | Suicide and Crisis Lifeline
 Call: 988 or 1-800-273-TALK
www.988lifeline.org/chat/

Abuse & Sexual Assault

StrongHearts Native Helpline
 Call: text, or chat 24/7
 1-844-7NATIVE (762-8483)
www.strongheartshelpline.org

National Sexual Assault Hotline
 Call: 1-800-656-HOPE
www.rainn.org/

National Teen Dating Abuse Helpline
 Call: (24/7) 1-866-331-9474
 Text: LOVEIS to 22522
www.loveisrespect.org

Childhelp National Child Abuse Hotline
 (24/7) 1-800-4-A-Child (422-4453)
<https://www.childhelp.org/>

Drugs, Alcohol & Tobacco

National Institute on Drug Abuse for Teens
 Call: 1-800-662-HELP
nida.nih.gov/research-topics/basics/educators

Truth: Smoking, Vaping, and Opioids
 Get 24/7 Support
 Text: DITCHVAPE to 88709
[www.truth.com/articles/ditch-the-ditching](https://truth.com/articles/ditch-the-ditching)

Get the Facts About Drugs: Just Think Twice
 Call: 1-855-378-4373
 Text: 59753
www.justthinktwice.gov/

National Drug Information Treatment & Referral Hotline
 Call: 1-800-662-4357
www.samhsa.gov/find-treatment

Mental Health

Mental Health America
 Call: 1-800-969-6642
 Text: MHA 741 741
www.mhacare.org/

Boys 2 Women
 Call: 1-800-448-3000
 Text: VOICE to 20121
www.boys2women.org/hotline

Teen Line
 Text: TEEN to 839 863
www.teenline.org/

The Trevor Project
 Call: (24/7) 1-866-488-7386
 Text: START to 678 678
www.thetrevorproject.org/

Youth Support

PAGE 2 OF 3

Relationships & Dating

StrongHearts Native Helpline
 Call, text, or chat 24/7
 1-844-7NATIVE (762-8483)
strongheartshelpline.org/

Love is Respect
 Call: (24/7) 1-866-331-9474
 Text: LOVEIS to 22522
www.loveisrespect.org

Futures Without Violence: Children
futureswithoutviolence.org/boysandchildren/

Human Trafficking Hotline
 Call: (24/7) 1-888-373-7888
 Text: HELP to 233 733
www.humantraffickinghotline.org

Sexual Health

Planned Parenthood
 Call: 1-800-230-7526
 Chat: <https://www.plannedparenthood.org/>

We R Native: Sexual Health
 Text: SEX to 94449
www.wernative.org/

I Know Mine
www.iknowmine.org
 I Want the Kit & Order Condoms (AK mailing only)

Bedsider
www.bedsider.org/

Get Yourself Tested #GYT
<https://getytestest.org/>

Native Youth Sexual Health Network
www.nativeyouthsexualhealth.com/

Native Text
<https://nativevetest.org/>

Bullying

Stopbullying.gov
www.stopbullying.gov/resources/teens

Cyberbullying
cyberbullying.org/category/resources/students

Click on the logos & links to go to resource.

Youth Support

PAGE 3 OF 3

Find Help Near You

SAMHSA
 SAMHSA - Zip code locator for a treatment center closest to you
findtreatment.gov

MHA
 Mental Health America - Zip code locator for a clinic closest to you
screening.mhational.org/get-help/

Text Message Campaigns

Text: NATIVE to 94449
 For health & wellness tips

Caring Messages - to remind you of how awesome you are!
 Text: CARING to 65664 (ages 13-24)
 Text: COLLEGE to 65664 (college youth)

Text: SEX to 94449
 Get tips and resources to protect your sexual health

Text: STEM to 94449
 For inspiration and motivation on your journey in Health, Technology, Engineering or Math

Text: FITNESS to 94449
 For inspiration and motivation to conquer your personal wellness goals and you could win fitness gear or a fitbit!!

Text: INSPIRE 94449
 Get inspired to pursue public health career pathways by hearing from your Native role models

Click on the logos & links to go to resource.

TIP: SIGN UP FOR ONE CAMPAIGN AT A TIME. OTHERWISE YOUR MESSAGES WILL GET ALL MIXED UP.

We ALL need Help...

...at different points in time. Every single one of us! Trust your gut and...

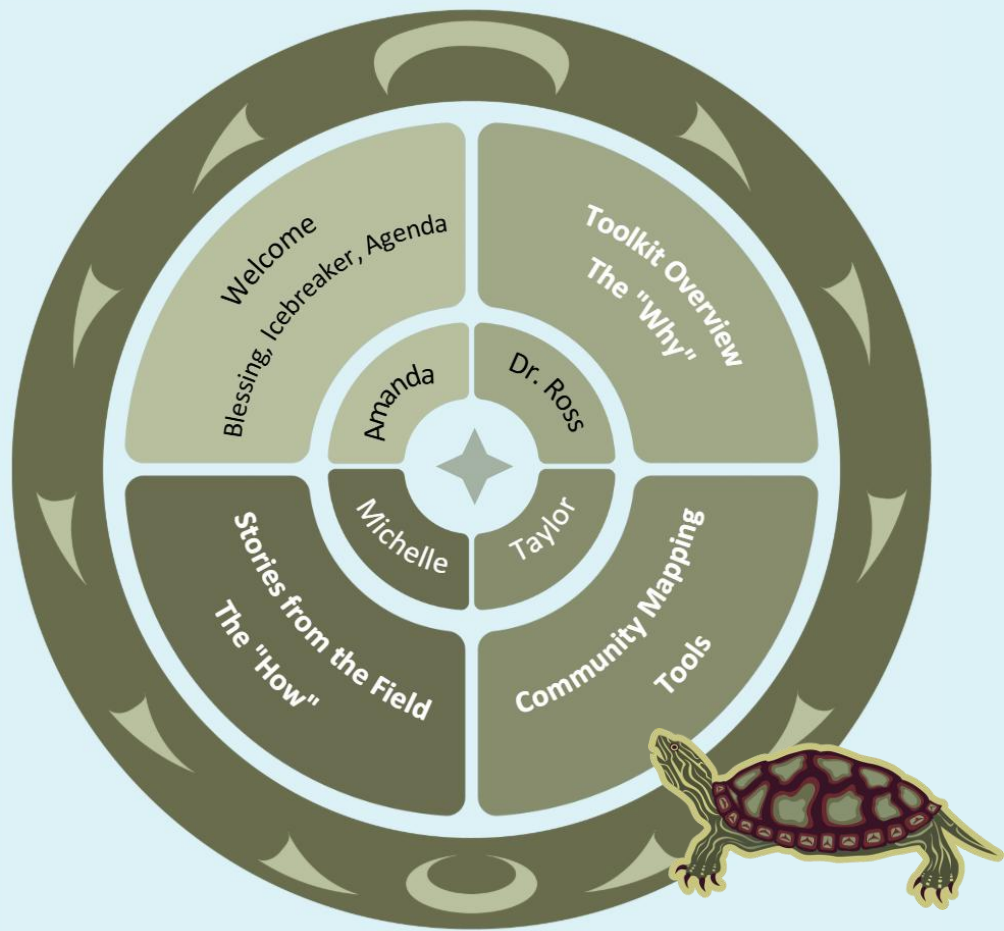
Share - any concerns you have
Talk - with someone you can trust
Report - if you're worried about someone

<https://www.healthynativeyouth.org/wp-content/uploads/2022/05/Youth-Resources-94449.pdf>

Wellness Snack



Source: <https://myyogateacher.com/articles/desk-stretches>



Community Mapping Tools for Your Community

...with Taylor Dean

Youth Advocates and Community Partners

Who can support the program?

How can they support the program?



Youth:



Families & Relatives:



Tribal Departments:



Decision Makers:
Health committee,
Tribal council



Schools: School
Board, Principal,
Teachers



Clinic & Health Staff:



Community Orgs:

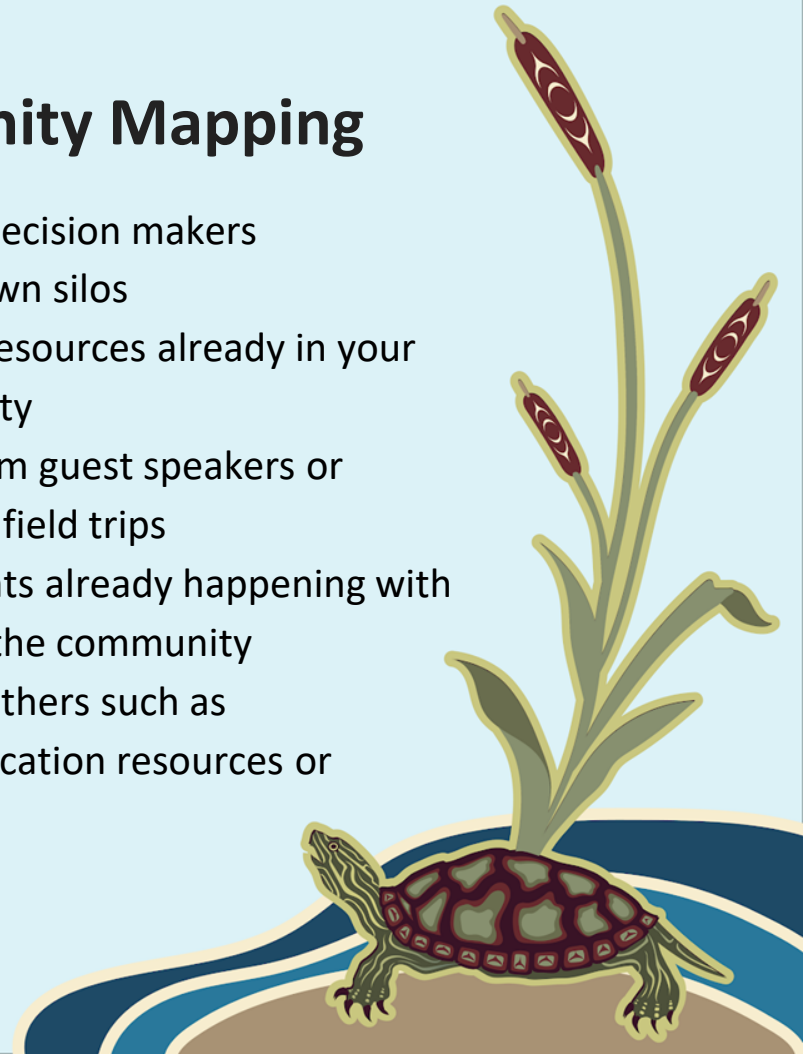


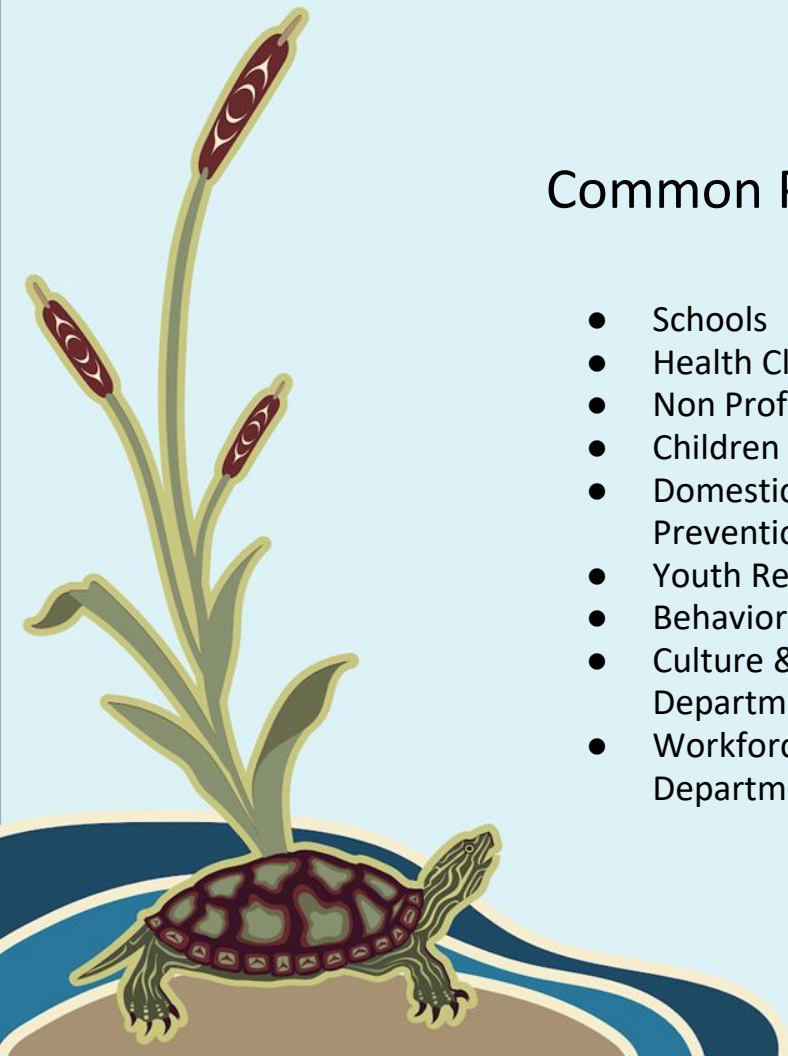
Other:



Community Mapping

- Identify decision makers
- Break down silos
- Identify resources already in your community
- Brainstorm guest speakers or potential field trips
- Find events already happening with youth in the community
- Identify others such as communication resources or outlets.



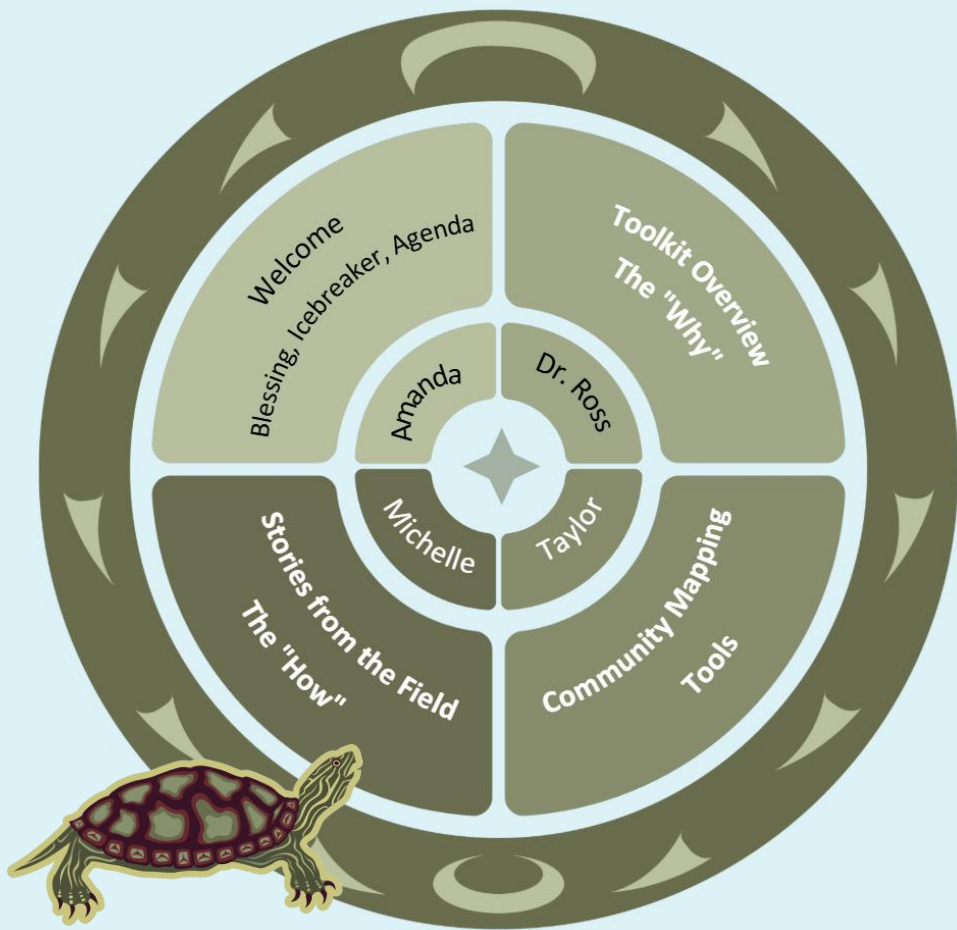


Common Partnerships

- Schools
- Health Clinic
- Non Profit Organizations
- Children & Family Services
- Domestic Violence Prevention
- Youth Recreation
- Behavioral (A&D) Health
- Culture & Tradition Department
- Workforce & Higher Ed Departments

Common Key Stakeholders

- School Boards
- Tribal Council
- Tribal Health Directors
- Health & Education Committees
- Youth & Elder Committees
- Parents & Guardians
- IRB for research activities



How are folks using the
Healthy Native Youth Toolbox?

Stories from the Field

...with Michelle Singer

Youth Advocates and Community Partners

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Schools: School
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Clinic & Health Staff:



Community Orgs:



Other:



Youth

- Youth Council
- Youth Summer Interns
- Student Body Leadership
- Athletic Youth Leadership
- Boys & Girls Club



Youth Advocates and Community Partners

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Community Orgs:



Other:



Native VOICES Parent Information Letter

Dear Parent,

This letter is to inform you that your son/daughter will be participating in a sexual health education program called Native VOICES on May 29th.

While it can be difficult to discuss, sex and sexuality are important aspects of our health and wellbeing. We believe this program will provide our students with valuable information.

Native VOICES is a 23-minute video that was designed to encourage condom use among heterosexual and LGBTQ (Lesbian, Gay, Bisexual, Trans, and Queer) American Indian teens and young adults 15-24 years old. The culturally-tailored video covers important sexual health topics, including:

- Waiting to have sex
- Talking to your partner about sex
- STD testing
- Defining & enforcing personal values, and
- Healthy relationships

The evidence-based video has been approved by the Centers for Disease Control and Prevention (CDC), and is designed to prevent HIV and other sexually transmitted diseases.

Your child's participation will involve watching the Native VOICES video and engaging in discussions and activities that help students process the information, reflect on their personal beliefs and attitudes about sex, and practice related skills.

If you or your child chooses not to participate in the program, there will be no penalty (it will not affect your child's grade, etc.). Your child's participation is voluntary.

If you have any questions about the program, please call Lucy Defoe.

Sincerely,

Lucy Defoe, Chief Kitsap Principal

By signing below, I indicate that **I do not authorize** my child to participate in the Native VOICES program.

Parent's Name: _____ Child's Name: _____

Parent's Signature: _____

<https://healthynativeyouth.npaih.org/curricula/native-voices/>

Tribal Departments

- Schools
- Health Clinic
- Behavioral (A&D) Health
- Children & Family Services
- Domestic Violence Prevention
- Youth Recreation
- Culture & Tradition Department
- Workforce & Higher Ed Departments

Youth Advocates and Community Partners

Who can support the program?

How can they support the program?



Youth:



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Health committee,
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Schools: School
Board, Principal,
Teachers



Clinic & Health Staff:



Community Orgs:



Other:



Decision Makers

- Present to Tribal Council and key stakeholders with Youth & Parental support.
- How can they support the program?

Youth Advocates and Community Partners

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How can they support the program?



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Community Orgs:



Other:





MEMORANDUM OF AGREEMENT

Between
[School or Organization Name]
And
[Tribe or Partner Name]

I. PURPOSE

This Memorandum of Agreement (MOA) is made between the [School or Organization Name] and the [Tribe or Partner Name]. The purpose of this MOA is to delineate the responsibilities of each party to implement the [Program Name].

II. GENERAL INFORMATION

The [Program Name] is... [Add a few sentences about the program you selected. You can find this information on the Healthy Native Youth website.].

III. SCOPE

This Agreement constitutes the entire agreement between the parties and supersedes any previous agreement between the parties regarding the [Program Name]. It is agreed that this agreement is not intended and shall not be construed to create the relationships of agent, servant, employee, partnership, joint venture or association between the [Tribe/Partner Name] and [School/Organization Name].

By entering into this agreement, the [School or Organization Name] agrees they shall [What is the agreement? Allow program activities to take place? List here], in compliance with stated program objectives outlined herein.

In addition, as partners in the delivery of this curriculum, they will [List any additional duties or requirements here].

IV. ARTICLES OF AGREEMENT

1. The [Tribe or Partner Name] will:
 - a. [List duties or other requirements here]
 - b. Assist with student recruitment and retention efforts
 - c. Attend weekly planning and coordination meetings
 - d. Deliver the curriculum to students during the Fall Semester
 - e. Provide access to a classroom or a computer lab to deliver the curriculum
 - f. Provide access to an Educator/Facilitator to deliver the curriculum
 - g. Communicate with parents and caregivers weekly on program progress and student achievements
2. The [School or Organization Name] will:
 - a. List duties and other responsibilities here
 - b. Assist with student recruitment and retention efforts
 - c. Attend weekly planning and coordination meetings
 - d. Deliver the curriculum to students during the Fall Semester
 - e. Provide access to a classroom or a computer lab to deliver the curriculum
 - f. Provide access to an Educator/Facilitator to deliver the curriculum
 - g. Communicate with parents and caregivers weekly on program progress and student achievements

<https://healthynativeyouth.npaih.org/implementation-toolbox/choose/get-approval-if-needed/>

Youth Advocates and Community Partners

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Clinic & Health Staff:



Community Orgs:



Other:



Youth Advocates and Community Partners

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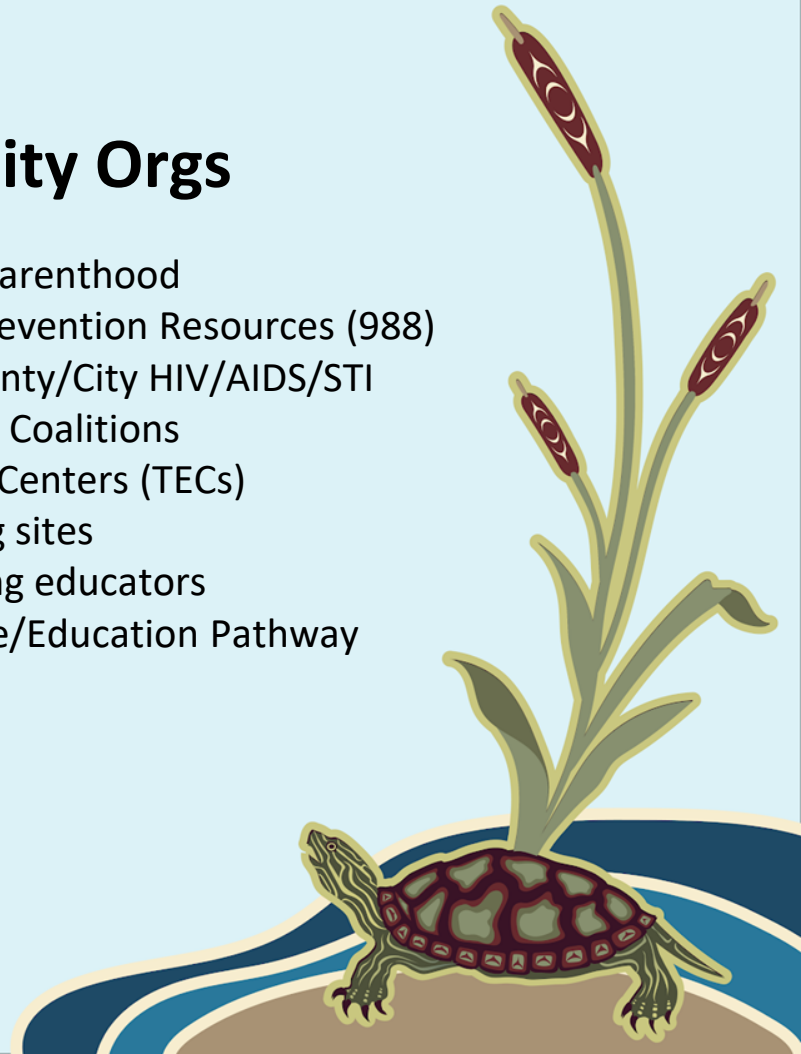


Other:



Community Orgs

- Planned Parenthood
- Suicide Prevention Resources (988)
- State/County/City HIV/AIDS/STI Groups or Coalitions
- Tribal Epi Centers (TECs)
- STI testing sites
- Self Testing educators
- Workforce/Education Pathway Groups



Group Activity Community Mapping:

Drop your answers in the chat!

What departments and organizations are potential partners in your community?



Group Activity Community Mapping:

Drop your answers in the chat!

**Who are the key stakeholders
in your community to support
a health program for youth?**



Group Activity Community Mapping:

Drop your answers in the chat!

**Where would you take youth
in your community for an
educational field trip?**



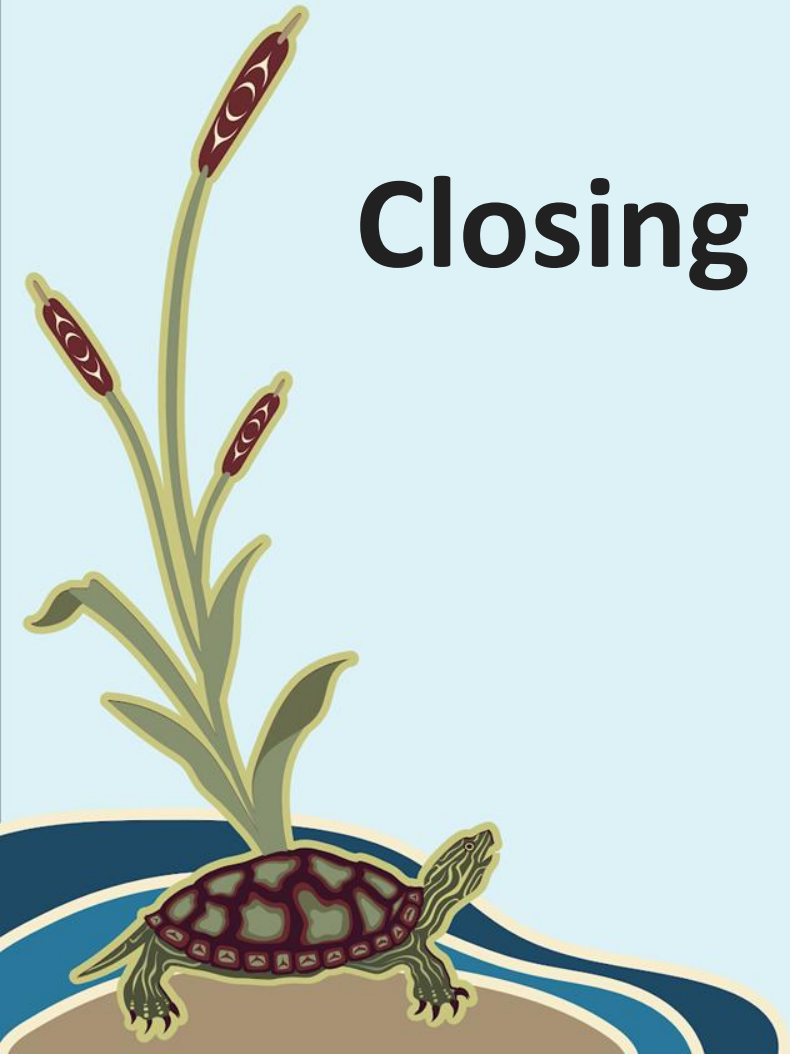


Q&A Time!

- Any Questions?
- Comments?
- Insights?

Let's Get Chatty!

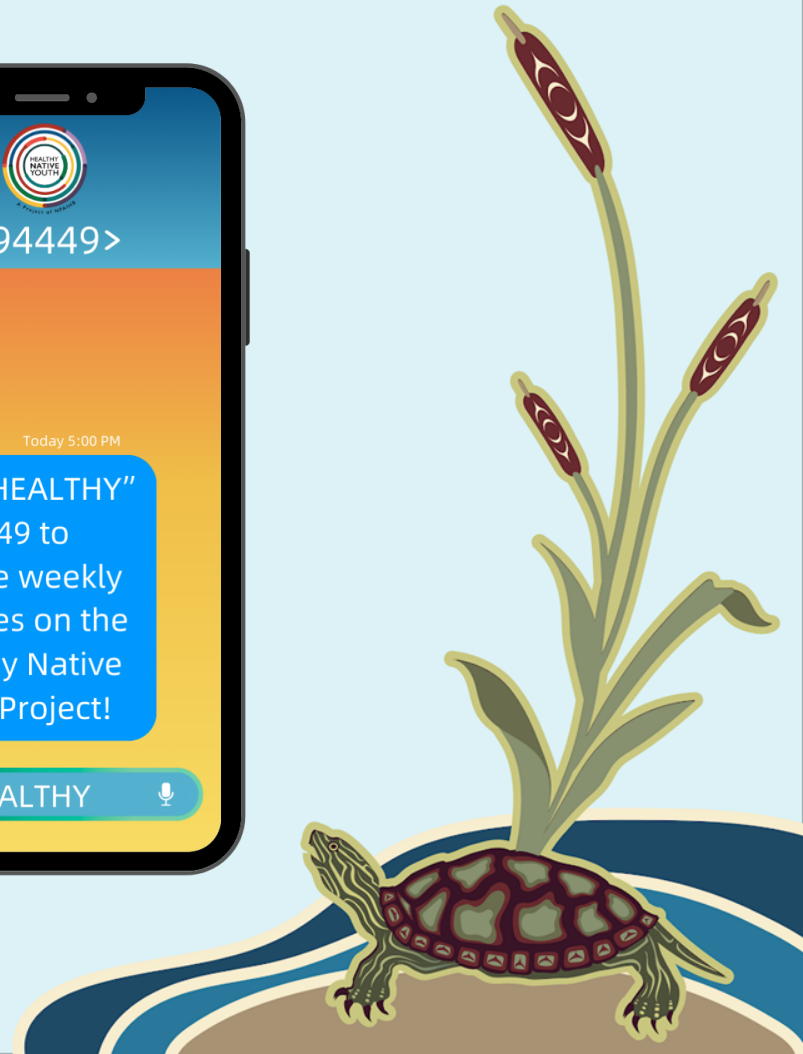
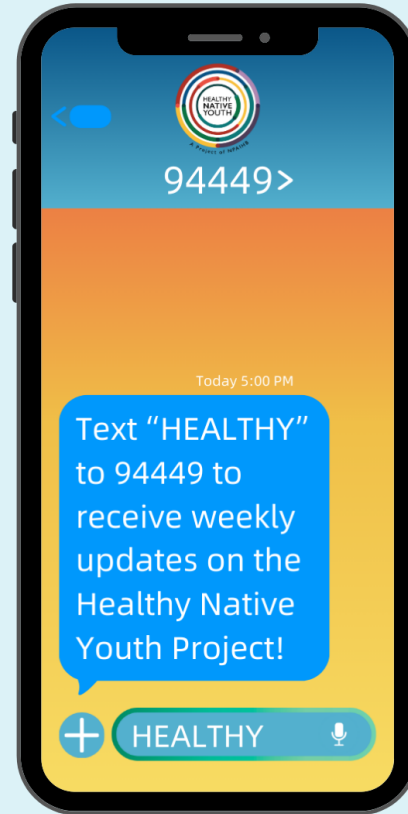
Closing



Feedback:
We'd sure love to hear from you!



**Keep up with the
HNY project... Sign
up for our SMS
weekly updates!**



For the Peace

COMMON SENSE MEDIA

Family Media Agreement



I, _____, will:

... take care.

- ☐ I will take care of the device I'm using and tell my family if it's broken, stolen, or lost. As a family, we have agreed on the consequences if I lose or break a device, and I understand those consequences.
- ☐ Unless I have paid for a device with my own money or it was a gift, I understand that the device belongs to the family member(s) who bought it.
- ☐ _____

... stay safe.

- ☐ I will not create accounts or give out any private information — such as my full name, date of birth, address, phone number, or photos of myself — without my family's permission.
- ☐ I will not share my passwords with anyone other than my family. I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles.
- ☐ If anyone makes me feel pressured or uncomfortable or acts inappropriately toward me online, I'll stop talking to that person and will tell a family member or other trusted adult about it.
- ☐ _____

... think first.

- ☐ I will not bully, harass, or spread rumors or gossip, or setting up fake profiles — and I will stand up to those who do.
- ☐ I will not share any information online that is too personal, private, or embarrassing. I will not post anything online that could harm my reputation.

https://www.common sense media.org/sites/default/files/featured-content/files/common_sense_family_media_agreement.pdf?lid=3dew4hz9t6g1&utm_source=braze&utm_medium=email&utm_campaign=media-parent-edit-20260828

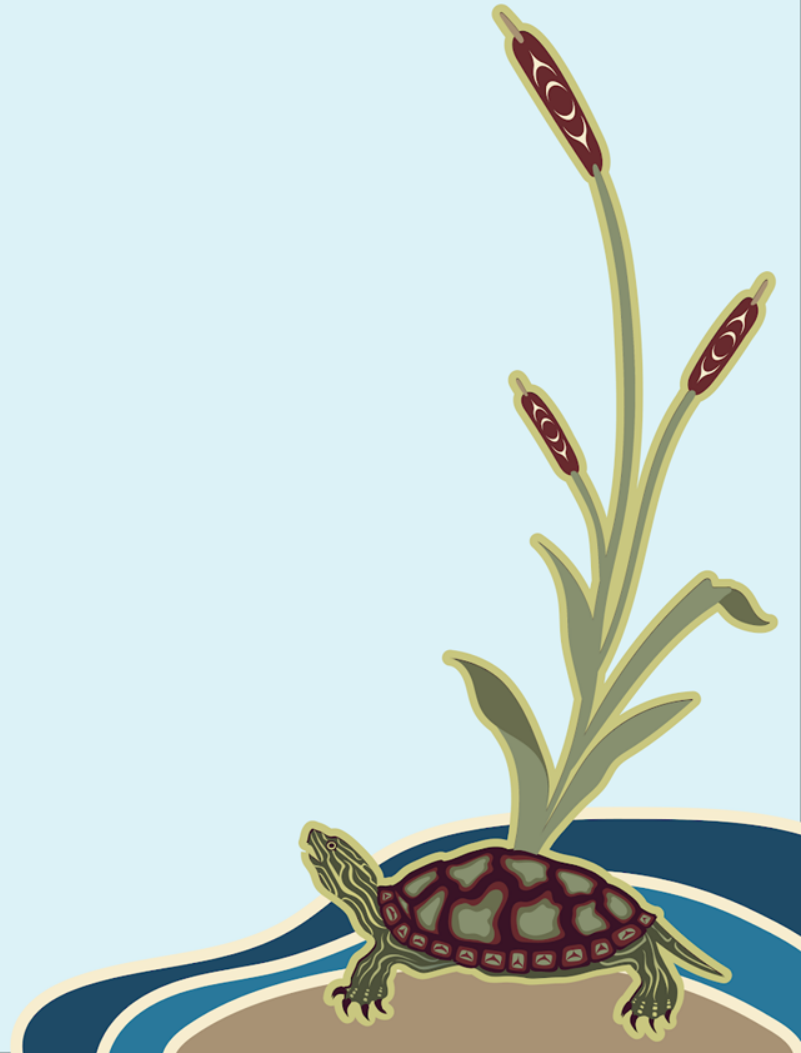
One Small Kindness

Setting an intention of gratitude.

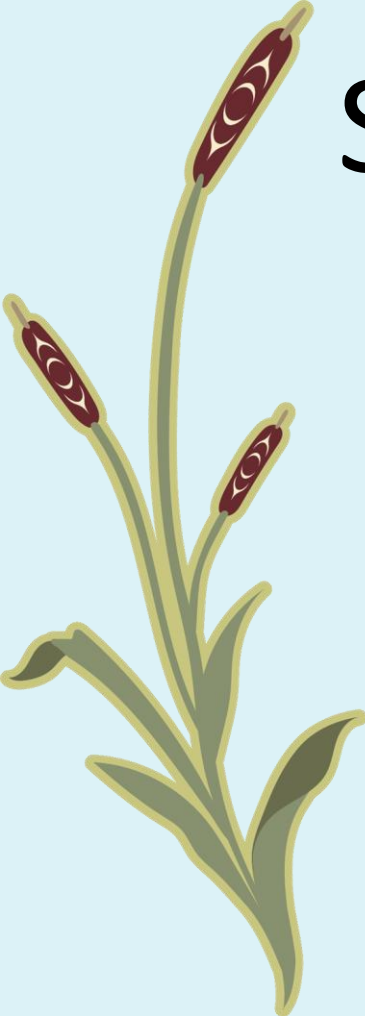
Focus: For today, I will notice what is going right...instead of what is missing.

"What am I truly grateful for?"

Source: Insight Timer - by davidji



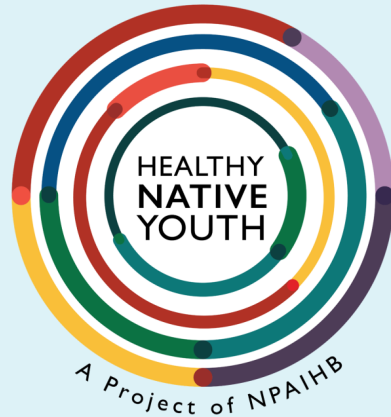
See you Next Month!



10/14/2026	Tap into Community Needs
11/4/2026	Native It's Your Game 2.0 (NIYG)
12/9/2026	Winter Storytelling: Being a Good Relative
1/13/2026	We R Native's Digital Social Marketing Toolkit
2/10/2027	Youth Voices for Change!
3/10/2027	We Are Here Now!
4/14/2027	Tobacco & Vaping 101
5/12/2027	Pathways Guide for Native Youth

Registration Link: <https://healthynativeyouth.npaihb.org/community-of-practice/>

Elahkwa! Thank you!



Reach out to us!
native@npaihb.org